

## **10th August – 16th August**

Lots of work has been going on behind the scenes to get the society up and running. We thought we'd give you a weekly update to keep you in the loop with what we've done, what we're currently doing and what we will be doing in the future.

This week, we saw the committee behind the team grow from 5 to 9. We previously had President (Sam), Treasurer (Phillipa), Secretary (Naomi), Secretary (Rhianna) and Social Media Officer (Laura). After meeting those interested in joining the committee the week for a brew at Planet Coffee or via Zoom, the team has now expanded. We now have a Vice President (Ashley), Events Coordinator (Chantelle), Student Recognition Officer (Mandi) an Social Events Officer (Ellis). A need for a committee member to focus on educational aspects of the society was identified, which led to the addition of an Education Coordinator (Rhianna, previously Secretary). You'll be hearing more about what the individual roles entail on the blog next week.

The week began by adding a Facebook page and a Hull Nursing profile on Facebook. The Facebook page will be used to keep members and non-members up to date with what the society are doing. The Hull Nursing profile allows a way for the society to communicate with members via private message, without using personal profiles. A Hull University Nursing Society group had previously been created which had gained 360+ members, though as members were not officially able to become members yet, we identified there may be a need to start a new group for members only (once membership becomes available). Our Twitter feed will remain in its current form.

This week saw confirmation of the dates and times the society would be involved in WelcomeFest, run by the Hull University Union (HUU), and there was confirmation of how the society would be involved with induction weeks for Nursing students. Conversations began to develop with the careers service and Skills Team about how the society could best work with existing services they provided.

Wednesday saw the first of our Wellness Wednesday series, hosted by Ellis through

social media via Twitter and the Facebook page. The concept of Wellness Wednesday of one day per week where all student nurses take some time to take reflect and take care of themselves was explained. Potential activities around this were also announced, including digital quizzes and social nights. Members were challenged to suggest 4 tips for wellness, and we had some great ideas.

Friday saw the first release of our blog, written by Mandi. It introduced the blog and the society. The blog received over **300** views within **3** days, which the committee were thrilled about.

Other occurrences were that the President of Hull University Nursing Society met with the President of Hull University Psychology Society, where exciting partnership ideas began to develop. Ideas were beginning to form surrounding how the society might seek sponsorship.

Contact was made with some recent alumni, hoping to get them involved in the society. Dates for a committee meeting were circulated, where the society hoped to establish a date for a first social event that could involve all members. Next week, we are hoping to release details of how to join officially as members. We will have our second Wellness Wednesday and our second blog post. All committee members will be invited to further training by HUU, and the committee will have met to discuss the first society meetup. The date for this will be published as soon as it has been confirmed. A formal way for members to suggest ideas for the committee to implement will also become available.

We aim to update you every Sunday of what's going on behind the scenes, so watch this space!

Thanks,

Sam

President of Hull University Nursing Society