

24th – 30th August 2020

Hello everyone, we hope you have all had a lovely week and are well rested. As we are coming to the end of this week, we would like to provide you with an update on what the society have been doing behind the scenes.

- Beginning of the week Sam and Rhianna met with the library team to look at what collaborations can be done.
- Sam then took a much-needed break from the society as she has been working endlessly to get this set up, which has taken up all of her time. So as a society we have all supported her on this, and we hope she comes back fully rested.
- Rhianna and Naomi have been busy finalising the welcome pack for those of you who have signed up to the Nursing Society, which will be coming out shortly.
- Phillipa our treasurer has completed the sponsorship letters, where we will hopefully be able to raise money in the upcoming weeks/months for the society, allowing us to plan some amazing events.
- Chantelle has been very busy this week putting together the events pack for everyone in the society which will help with planning events that are happening from October onwards. Chantelle also has a meeting scheduled with the University this upcoming week to clarify a few things from their perspective to ensure we are doing things correctly and safely in terms of COVID.
- Ellis has been working hard on delivering content for wellness Wednesday. This weeks topic was around stress and looking at ways people manage it and ideas on how to control it.
- Mandi's Blog piece this Friday was about a soon be Mental Health Nursing student called Vanessa. Vanessa kindly wrote about her journey leading up to starting University. If you have not already read it, go over to <https://hullnursingsociety.wordpress.com> where you will find it under weekly blog.
- We also welcomed the newest member Emma into the committee this week, who will be the new fitness co-ordinator. Emma has brought with her some exciting ideas for the upcoming fitness events.
- And lastly Laura has been amazing across our social media sites; FB and twitter. Delivering content and engaging with the students of all years. Laura however,

will be taking a step back this coming week which is definitely needed as Laura is a 2nd year almost 3rd year who has been on placement for the last 10 weeks and she has now finally submitted her last piece of work for year 2, so join us in congratulating Laura and wishing her a relaxing week off before the start of the next Academic year.

That is all for this week.

Here is to a great week ahead!

Regards

Hull University Nursing Society